

## What Training is Required?

Think “progression.” Complete licenses as you need them for specific activities.

For **Troop Leadership**: The **Leader License**, consisting of

- Girl Scouting 101, online learning
- Volunteer Essentials, online learning followed by an in-person session.

For **strenuous activities**: A **“First Aider,”** an adult accompanying the troop must have

- Current First Aid skills course
- Current CPR skills course

(Check Safety Activity Checkpoints to learn if your activities require a First Aider.)

For **overnights**: The **Overnight License**. An accompanying adult must complete

- Be Safe, Be Ready: Girl Planning, online learning
- Be Safe, Be Ready: Outings and Overnights, online learning

To **build fires/cook outdoors**: The **Cook Out License**. An accompanying adult must complete

- The Overnight License and
- Fire Building skills course
- Outdoor Cooking skills course

To **pitch/sleep in tents**: The **Camp License**. An accompanying adult must complete

- The Cook Out License and
- Tenting skills course

To **travel/be away** for three nights or more: The **Travel License**. Accompanying adults and girls complete:

- Extended Troop Trip activity training

To **advise girls for the Silver or Gold Award**:

- Silver and Gold Awards Adult Learning Opportunity online learning

To go **backpacking**: **Backpacking License**

- Camp License skills courses
- Backpacking skills sessions

