

My Promise, My Faith

Virtual Event Worksheet

There are five steps to earning the *My Promise, My Faith* award. Please prepare the steps below. The rest of the requirements will be completed as part of the event.

Prepare for a girl-led experience!
These need to be completed and brought with you to the class.

1. Choose a line from the Girl Scout Law that you want to connect to your faith.

2. Select or create a story, poem or song from your faith to share that goes along with the line of the Girl Scout Law you picked. If you want to play a music video, etc., you will have the option to share your screen.

3. Interview: Find a woman in your faith community and interview her or you can research a female historical figure who was influenced by her faith in her life. You can do this in person, over the phone, Skype, etc. Everyone will be sharing their interviews. Feel free to be as creative as you would like. If you want to use a phone and record, we can play it at the event.

Interview ideas:

- Share with your person the line of the Girl Scout Law that you chose. Ask her how she uses that line of the Girl Scout Law in her life. (Required)
- What does her faith mean to her?
- How does she incorporate her faith in her everyday life?
- What are some things she has learned (about herself, her faith, etc.) by connecting to her faith?
- Any other questions you are interested in asking?

Picture: (optional)

- Option 1 – Historical person – Photo from book or Internet.
- Option 2 – Bring a picture of her with you to the event. (It can be a screenshot on another digital device.)

4. Keepsake: Make something to remind you of what you learned. Gather your materials to assemble during the event. Girls will be working on it during the session. You can make a poster, drawing, painting, journal, scrapbook or collage. You can incorporate inspirational quotes by women, verses/words from religious instructions, etc.



Girl Scout Promise

On my honor, I will try:
To serve God and my country,
To help people at all times,
And to live by the Girl Scout Law.

Girl Scout Law

I will do my best to be
honest and fair,
friendly and helpful,
considerate and caring,
courageous and strong, and
responsible for what I say and do,
and to
respect myself and others,
respect authority,
use resources wisely,
make the world a better place, and
be a sister to every Girl Scout.

Extra: If you have some favorite inspirational quotes from women of faith, bring and share!

Discover

Find out about your faith, your faith community and the Girl Scout Promise and Law.

Connect

How does Girl Scouts connect to your faith?

Take Action

Do something as an individual or collaborate with family or faith communities to make the world a better place.



What's one way you can use what you have learned today?

Notes



More ways to connect your faith and Girl Scouts

- Talk with friends, family or your faith community about what you have learned about your faith and Girl Scouting. Ask them to help you live the Law and your faith. Share your song, poem, story or keepsake!
- Does your faith community offer a recognition program? Earn your religious recognition to explore your faith more! Girl Scouts approve wearing the awards on your Girl Scout vest!
- Talk to your Girl Scout leadership about other ways you can connect faith and Girl Scouts: Participate in Girl Scouts Celebrate Faith as part of Girl Scout Week each March, religious fun patch programs, virtual faith-based programming opportunities or maybe incorporate your faith in a highest award project!

Adult volunteers from faith organizations partner with girls by:

- Linking the national pin into their faith's religious recognitions
- Guiding girls through their personal faith journey
- Helping girls strengthen their understanding of their faith



Learn more about faith-based opportunities and resources for Girl Scouts on Girl Scouts Carolinas Peaks to Piedmont's website: bit.ly/3LRXyp