

# About Us

Bit of Hope Ranch is a non profit organization that provides mental health and physical therapy for clients with challenges using the healing powers of the outdoor spaces and horses. Our site is accredited and safety is our number one priority!

## Horses Are Great Teachers

Horses at the Ranch participate in educational programs for our community and for scout troops. They offer lessons on the ground and under saddle. All of them have stories of rescue and redemption.



## GIRL SCOUT PROGRAM PARTNER



## Way More Than Riding...

Certified and licensed therapy teams offer hope and healing to children and adults that struggle with anxiety, depression, trauma or other relationship challenges. Our physical therapy program uses the horse's natural gaits to built strength and coordination in riders with special needs.



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## BADGE & LEARNING CENTER



[www.BitofHopeRanch.org](http://www.BitofHopeRanch.org)

# Girl Scout Programs

Listed are suggested programs that we can offer your scouts. We also offer customizable programming depending on your goals. Each program is 2 hours long that includes 90 minutes of

programming and 30 minutes for playtime on the Playground, Water Slide or Kangaroo Jump Pillow (weather depending). Feel free to bring snacks or use the bonfire area to grill. Climate controlled restrooms are also available for your group.

## Other Fun Ideas

The Ranch also has a bonfire pit by the waterfront with spaces for fishing. Other programs can include time on the low ropes course to improve leadership and communication.



"Our troop loved learning about horses and they kids had a great time on the jump pillow afterwards."

-Troop Leader



## 1 Horsemanship Program

This program is designed for the troop that wants to learn how to care for horses, how to communicate with them and how to ride. Scouts will learn how to groom and learn the safety zones of a horse. They will also experience hand led rides around the arena as they practice walking, turning and stopping.

## 2 Horses Helping Humans Program

This program explores a horse's natural instincts and how they partner with us to assist with counseling, physical therapy and recreational use. Most of the learning is on the ground with horses.

## 3 Outdoor Farm Explorers

This program explores the barn, pastures and nature sensory trail as troops discover the ecology of various insects, animals, trees, etc. Groups will walk up to .5 miles around the farm. The Small Farm Animals include a pig, goats, cats, dogs, chickens and rabbits. Subject matter is determined by the season

## 4 Outdoor Art Program

This program explores nature's display of art through texture, symmetry and lines. A trail walk is included to discover these items. 1-2 projects are completed depending on the age and goals of the group. Walking sticks and horseshoe dream catchers are favorites!

## How to Register Your Group

- Contact the Ranch to confirm your date, time and program desired.
- Complete the Registration Link found under our Educational /Special Group page.
- Make sure every leader and participant has signed an online Liability Waiver Form (also found on our homepage.)
- The cost is \$200 for up to 20 kids. Additional kids are \$10/child and payable by cash, check or card the day of the event.

## Ranch Rental Space For Your Event

The Ranch offers covered spaces for your event as well as a lit bonfire/grilling area. Contact us for a quote today!