

Lifesaver

The Lifesaver patch is an opportunity to demonstrate service in your community, work in a variety of organizations and discover local resources. There are five parts to the patch. To earn this block, you must complete all five parts. Upon completion, please purchase your patch at bit.ly/3VWhv6F. We would love to hear your feedback on this program! Share your thoughts at bit.ly/4puu5HZ. Your insights will assist us in planning for the future.



Discover

- Give clothing—Find out what organizations, churches, schools, etc. collect and distribute clothing for those in need.
- Give life—Find the blood donor services in your community. What are the requirements for a person to give blood? What are the different blood types?
- Give food—Find out where the food support programs are in your community. Meals on Wheels, homeless shelters, food pantries, community gardens, etc.
- Give back—Identify a cause or need in your community and learn more about how you can help. Examples are the humane society, nursing homes, kids with special needs, park clean up, 5k for a need/illness, foster kids, etc.
- Do a Good Turn—Identify a person in your family or community who needs help. Work with an adult to define how you could help this person. Examples are a neighbor who needs their yard mowed, a church member who needs a meal cooked for them, a family who needs school supplies, a person at a nursing home who would like to receive cards, etc.

Connect

- Give clothing—Select one of the clothing collection facilitates in your community and learn all you can about the operation. Are the clothes available to anyone? Are the clothes free or reduced cost? What kind of clothes do they need? Where do they get most of the clothes?
- Give life—Talk to someone who works or volunteers at a blood donor service location. How does someone give blood? Where is the blood stored? Who gets the blood? Is there a need for a certain type of blood?
- Give food—Select one of the food support programs in your community and learn all you can about the operation. Can anyone come and get or receive food? How do they decide how much food someone can get? Where does the food come from?
- Give back—Reach out to the cause that you identified above. Ask them how you can help and begin making a plan to help them for your Take Action step.
- Do A Good Turn—Make a plan for helping the person/family who you identified in the Discover step. Write out the plan and the steps you will take in the Take Action step

Take Action

- Give clothing—Collect clothing and deliver it to a collection facility.
- Give life—Volunteer at a blood donor service location or visit the local Red Cross to learn about their services.
- Give food—Collect food for a food distribution site or help serve or deliver food for an organization/service.
- Give back—Put your plan in action from above. Volunteer a day for the cause you identified above.
- Do A Good Turn—Put your plan in action from above. Help the person/family you identified.