



Complete activities to earn 100 points. Once you've reached your goal, submit your progress using this form at bit.ly/3xeawgD. To learn more about purchasing your patch, please visit bit.ly/4nKzJFB.

Attend one session of Summer Camp. (50pts)	Explore a cave. (5pts)	Attend an outdoor sporting event. (1pt)
Earn the Girl Scout Tree Promise Patch. (20pts)	Cook in a foil packet over coals. (5pts)	Try a new hairstyle. (1pt)
Go camping. (20pts)	Go to the zoo. (5pts)	Play in the rain. (1pt)
Make a fairy garden. (20pts)	Make a salad using the colors of the rainbow. (5pts)	Hide a treasure and make a treasure map for a friend. (1pt)
Make and fly your own kite. (20pts)	Make your own ice cream. (5pts)	Make sun tea. (1pt)
Tye-dye something. (20pts)	Go on a playground tour. (5pts)	Look for a birds nest. (1pt)
Visit the beach and play in the sand. (15pts)	Learn how to raise a Monarch butterfly at home. (5pts)	Do a flower smell test & choose your favorite. (1pt)
Build a backyard box fort. (15pts)	Learn about bike safety. (5pts)	Look through a magnifying glass. (1pt)
Complete a rainbow science experiment. (15pts)	Put on a puppet show. (5pts)	Learn how to use a wrench. (1pt)
Hike to a waterfall. (10pts)	Visit a new-to-you state park. (5pts)	Make a paper bag puppet. (1pt)
Donate something you grew to a food pantry or soup kitchen. (10pts)	Take popsicles to the park to share. (5pts)	Sing-along to your favorite song. (1pt)

Read an entire book series. (10pts)	Sign up for Summer Reading at your local library. (2pts)	Take a cat nap. (1pt)
Make a time capsule. (10pts)	Visit a new-to-you farm. (2pts)	Make s'mores. (1pt)
Kids make dinner night. (10pts)	Have a Teddy Bear Picnic (July 10th!) (2pts)	Make up and play a new game. (1pt)
Pledge to clean up trash then do it. (10pts)	Invent a new trail-mix recipe. (2pts)	Hunt for shapes in the clouds. (1pt)
Sleep in a tent. (5pts)	Make Seashell Art. (2pts)	Photograph wildflowers. (1pt)
Swim in water that is not a pool. (5pts)	Build a sandcastle. (2pts)	Play I-Spy. (1pt)
Go blueberry picking. (5pts)	Run 1 mile. (2pts)	Visit a rain garden. (1pt)
Wash the car. (5pts)	Visit a farmers' market. (2pts)	Play with a hula hoop. (1pt)
Host a lemonade stand. (5pts)	Go to an outdoor concert. (2pts)	Paint with natural materials. (1pt)
Visit a Lighthouse. (5pts)	Plant milkweed. (2pts)	Volunteer at an animal shelter. (1pt)
Watch fireworks. (5pts)	Set a screen free day. (2pts)	Cook something over a fire. (1pt)
Visit an Arboretum. (5pts)	Make a gratitude list. (2pts)	Go on a bug hunt. (1pt)
Make a flip book. (5pts)	Go roller skating. (2pts)	Ride a bike. (1pt)
Build a sun shower outof a bucket. (5pts)	Observe a summer constellation. (2pts)	Make a dandelon crown/necklace. (1pt)
Try to break a World Record. (5pts)	Say hello to a new friend. (2pts)	Try yoga outside. (1pt)
Visit a Disc Golf Course. (5pts)	Spend a day barefoot. (2pts)	Compost food waste. (1pt)

Total: _____