

girl scouts
carolinas peaks
to piedmont



The
GIRL SCOUT
ADVENTURE
MY FIRST YEAR

Name:






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WELCOME



Welcome to Girl Scouts and join us for a year of connection, adventure and fun with The Girl Scout Adventure - My First Year! Tailored specifically for first-year Daisies (grades K-1) and Brownies (grades 2-3) troops, this program invites girls to explore the values of the Girl Scout Law through exciting monthly activities that foster friendship, teamwork and a sense of community.

Throughout the year, girls will embrace the spirit of adventure, create lasting memories and strengthen the bonds that make the Girl Scout experience so special.



Daisy Petals and Brownie Badges

September	Welcome to Girl Scouts
October	Daisies: Honest and Fair Brownies: First Aid
November	Daisies: Friendly and Helpful Brownie: My Great Day
December	Daisies: My First Cookie Business Brownie: My Cookie Customers
January	Daisies: Money Counts Brownie: My Cookie Customers
February	Daisies: Considerate and Caring, Courageous and Strong Brownies: Making Friends
March	Daisies: Responsible for What I say and do, Respect Myself and Others Brownies: My Best Self
April	Daisies: Respect Authority, Use Resources Wisely Brownies: Bugs
May	Daisies: Make the World a Better Place, Be a Sister to Every Girl Scout Brownies: Pets

September

To earn this patch, complete at least two activities per month.

ACTIVITY 1

Attend a troop meeting.



ACTIVITY 2

Purchase your uniform.

ACTIVITY 3

Invite a friend to a troop meeting.



ACTIVITY 4

Learn I'm a Daisy Girl Scout/Brownie Smile –
page 3 in song book:

- Daisies: bit.ly/4jOWpAZ.
- Brownies: bit.ly/3Sti32p.



October

To earn this patch, complete at least two activities per month.

ACTIVITY 1

Learn about JGL for her birthday:
bit.ly/453SUMv.



ACTIVITY 2

Learn "Make New Friends":
Video: bit.ly/45Fky9t.

ACTIVITY 3

Invite a friend to a troop meeting.



ACTIVITY 4

Complete the monthly Petal or Badge.

ACTIVITY 5

Read a book about Juliette Low:

- Go to bit.ly/3S921um.
- When and where was she born?
- What was her full name?
- Who were her parents and siblings?
- What was her nickname?

November

To earn this patch, complete at least two activities per month.

ACTIVITY 1

Practice a flag ceremony and learn to care for the flag: bit.ly/3YSanKK.



ACTIVITY 2

Learn "Taps":
Video: bit.ly/43FISXh.

ACTIVITY 3

Learn more about troop and summer camp opportunities.

ACTIVITY 4

On March 12, 1912, Juliette Low started the first scouting program for girls:

- What did she sell to keep the program running?
- What would you give up for a cause you cared about?
- Do you know of any other examples of people making sacrifices?

ACTIVITY 5

Complete the monthly Petal or Badge.



December

To earn this patch, complete at least two activities per month.

ACTIVITY 1

Try a new game: bit.ly/4jWr6Vw.



ACTIVITY 2

Learn about selling cookies –
Make your cookie goals!

ACTIVITY 3

Learn “Princess Pat”:
Video: bit.ly/3HmE4xk.



ACTIVITY 4

Complete the monthly Petal or Badge.

ACTIVITY 5

Learn about a Scout's Own Ceremony. At your next event, hold a Scout's Own Ceremony.

January

To earn this patch, complete at least two activities per month.

ACTIVITY 1

Get ready for Cookie Booths by blinging your booth!



ACTIVITY 2

Learn “On My Honor:
Video: bit.ly/4mI937l.

ACTIVITY 3

Make a goal chart for your cookie sales.
bit.ly/4klnYlK.



ACTIVITY 4

Complete the monthly Petal or Badge.

ACTIVITY 5

Learn about the first cookies and how they were sold:

- Are the cookies this year the same as last year?
- What is your favorite cookie?
- How many cookies did you sell last year?
- What is your cookie goal for this year (personal/troop goal)?
- What do you plan to do with your cookie profits?

February

To earn this patch, complete at least two activities per month.

ACTIVITY 1

Learn and celebrate World Thinking Day

bit.ly/3UpUclr.



ACTIVITY 2

Learn “Everywhere We Go”:

Video: bit.ly/43NaYit.

ACTIVITY 3

Learn how to dress for the weather and enjoy an activity outdoors: bit.ly/3SI6ggC.



ACTIVITY 4

Complete the monthly Petal or Badge.

ACTIVITY 5

Learn about Girl Guides from around the world:

- What are their activities?
- Do you need to be in the same country to do some of the activities?

March

To earn this patch, complete at least two activities per month.

ACTIVITY 1

Participate in Girl Scout Week.



ACTIVITY 2

Learn “Funky Chicken”:

Video: bit.ly/45Bg3fZ

ACTIVITY 3

Using a map of your community, locate where the helpers are in your community.
Who are the helpers?



ACTIVITY 4

Complete the monthly Petal or Badge.

ACTIVITY 5

Juliette learned sign language:

- Why?
- Learn the Girl Scout Promise in sign language.
- Sign a song while singing.
- What steps would you and your troop take to include someone who is deaf?

April

To earn this patch, complete at least two activities per month.

ACTIVITY 1

Participate in Volunteer Appreciation Month:
Add thank you card link



ACTIVITY 2

Learn "Girl Scout Song":
Video: bit.ly/3SxHkIQ

ACTIVITY 3

Make your own natural bug repellent:
bit.ly/4kp2nJg.



ACTIVITY 4

Complete the monthly Petal or Badge.

ACTIVITY 5

Daisy enjoyed painting, sculpting, drawing and designing. Some of her artwork is displayed at her birthplace in Savannah, Georgia. Create an art project using recycled materials.

May:

To earn this patch, complete at least two activities per month.

ACTIVITY 1

Renew for another great year of Girl Scouts.



ACTIVITY 2

Learn “Little Green Frog”:
Video: bit.ly/4mGLbkj.

ACTIVITY 3

Learn about pollinators.



ACTIVITY 4

Complete the monthly Petal or Badge.

ACTIVITY 5

What is a Girl Scout SWAP?

- SWAPS
- Learn the history of Girl Scout SWAPS.
- Have you ever received a SWAP? If so, share with your troop.
- Have you and your troop ever made SWAPS? What were they? Who did you SWAP with?
- Make SWAPS for an upcoming event with Girl Scouts.

Lyrics

I'm a Daisy Girl Scout

(Tune: I'm a little teapot)

I'm a Daisy Girl Scout, yes, I am.

Here is my tunic, here is my pin.

When I do a good deed, hear me shout,

I'm a Daisy, inside and out!

Brownie Smile

I've got something in my pocket,

It belongs across my face.

I keep it very close to me,

In a most convenient place.

I'm sure you couldn't guess it,

If you guessed a long, long while;

So I'll take it out and put it on,


It's a GREAT BIG BROWNIE SMILE!



Lyrics

Make New Friends

*Make new friends, but keep the old
One is silver and the other gold
A circle's round it has no end
That's how long I want to be your friend
I have a hand and you another
Put them together and we have each other*



Taps

*Day is done, gone the sun
From the lakes, from the hills, from the sky
All is well, safely rest
Joy is nigh*



Lyrics

Princess Pat

The Princess Pat Lived in a tree
She sailed across The seven seas
She sailed across The channel too
How did she do it? Aaaa rig-a-bamboo*

Chorus

*A rig-a-bamboo? Now what is that?
It's something made By the Princess Pat
It's red and gold And purple too
That's why it's called A rig-a-bamboo
Now Captain Jack Had a mighty fine crew
He sailed across The channel too
But his ship sank And yours will too!
If you don't take A rig-a-bamboo*

Chorus

*Now Princess Pat Saved Captain Jack
She pulled him out She brought him back
She saved his life Aaand his crew too!
How did she do it? Aaaaa rig-a-bamboo!*



Lyrics

On My Honor

Chorus

*On my Honor, I will try
There's a duty to be done And I say "Aye"
There's a reason here for a reason above
My honor is to try and my duty is to love
People don't need to know my name
If I've done any wrong, then I'm to blame
If I've helped another, then I've helped me
If I've opened up my eyes to see*

Chorus

*I've tucked away a song or two
If you're feeling low, there's one for you
If you need a friend, then I will come
And there's many more where I come from*

Chorus

*Come with me where the fire burns bright,
We can even see better but a candle's light
And we'll find more meaning in a campfire's glow
Then we'd ever find in a year or so*

Lyrics

Everywhere We Go

*Everywhere we go People wanna know
Who we are And where we come from
And we always tell them We're from (camp, unit,
etc.)*

*Mighty, Mighty (camp, unit, etc.)
And if they can't hear us We'll shout a little louder
[Repeat, getting louder]*

Funky Chicken


*FUNKY CHICKEN (marching cadence)
Left, Left, Left, Right, Left Left, Left, Left, Right, Left
Let me see you Funky chicken. What's that you say?
I said Let me see you Funky Chicken.
What's that you say? I said: Oooo, Ahhh, Ahhh, Ahhh,
Oooo, Ahhh, Ahhh, Ahhh, Oooo, Ahhh, Ahhh, Ahhh,
Oooo One more time now. Oooo, Ahhh, Ahhh, Ahhh,
Oooo, Ahhh, Ahhh, Ahhh, Oooo, Ahhh, Ahhh, Ahhh,
Oooo Back in line now.*



Lyrics

GIRL SCOUT SONG

*She wears a G for generosity,
She wears an I for interest too,
She wears a R for real good sportsmanship,
She wears a L for loyalty, for loyalty.
She wears a S for her sincerity,
She wears a C for courtesy,
She wears an OUT for outdoor life, outdoor life, And
that Girl Scout is me.*



Appendix

SEPTEMBER

- Learn I'm a Daisy Girl Scout/Brownie Smile:
Daisies: bit.ly/4jOWpAZ.
Brownies: bit.ly/3Sti32p.

OCTOBER

- JGL birthday: bit.ly/453SUMv.
- Learn "Make New Friends":
bit.ly/45Fky9t.

NOVEMBER

- Practice a flag ceremony:
bit.ly/3YSanKK.
- Taps: bit.ly/43FISXh.
- Edible Campfire: bit.ly/4341PCW.

DECEMBER

- Try a new game: bit.ly/4jWr6Vw.
- Learn "Princess Pat":
bit.ly/3HmE4xk.

JANUARY

- Learn "On My Honor":
bit.ly/4m1937l.
- Goal chart for your cookie sales:
bit.ly/4klnYIK.

FEBRUARY

- World Thinking Day:
bit.ly/3UpUclr.
- "Everywhere We Go": bit.ly/43NaYit.
- Dress for the weather: bit.ly/3SI6ggC.

MARCH

- Learn "Funky Chicken": Page 17:
bit.ly/45Bg3fZ.
- Edible Campfire: bit.ly/4341PCW.

APRIL

- Learn "Girl Scout Song":
bit.ly/3SxHkIO.
- Make your own natural bug repellent: bit.ly/4kp2nJg.

MAY

- Learn "Little Green Frog":
bit.ly/3YVCFX.

Congratulations

Great job! You've made it to the end!
To celebrate your achievement, you can
get your exclusive Girl Scout Adventure
Patch available for purchase at
bit.ly/3xeawgD.



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