

#HATNOTHATE Patch Program

With this patch program, girls will learn to show kindness to others. Girls will engage in hands-on activities that help them explore the power of kindness and how both receiving it and sharing it can truly change the world- one kind act at a time!

Grade Level Requirements:

- Daisies (grades K-1): Choose one activity from each category.
- Brownies (grades 2-3): Choose one activity from each category.
- Juniors (grades 4-5): Choose two activities from each category.
- Cadettes (grades 6-8): Choose two activities from each category.
- Seniors (grades 9-10): Choose two activities from each category.
- Ambassadors (grades 11-12): Choose two activities from each category.

Discover:

- Discover who the founder of [#HATNOTHATE](#) is
- Make a collage of words/acts that display kindness
- Learn the song *Make New Friends*
- Challenge your friends to do something kind
- Write a song about kindness
- Create a game to teach others about kindness

Connect:

- Create and share a poster to that displays kindness to you
- Arrange a Kindness Day service project
- Invite an expert on bullying and/or cyber bullying to speak to your troop
- Write down acts of kindness on pieces of paper and make a chain. Each day cut off one piece of the chain and perform that act.
- Create a kindness-themed scavenger hunt for others to complete

Take Action:

- Create Blue Hats for #HATNOTHATE
- Teach others to create Blue Hats and what they stand for
- Collect Blue Hats and donate them
- Create a presentation about #HATNOTHATE and present it to friends