



**HEALTH HISTORY AND PERMISSION FORM**  
*MISSION: Girl Scouting builds girls of courage, confidence and character, who make the world a better place.*



**CAMPER INFORMATION**

Camp(s) Attending:      Camp Pisgah                      Camp Ginger Cascades                      Keyauwee Program Center

Session(s) Name & Dates \_\_\_\_\_

Girl's Name \_\_\_\_\_  
*First Middle Last*

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone \_\_\_\_\_ Date of Birth \_\_\_\_\_ Age at Camp \_\_\_\_\_

E-mail Address \_\_\_\_\_

Name of Mother/Guardian \_\_\_\_\_

Mother's Telephone \_\_\_\_\_  
*Work/Day Cell*

Name of Father/Guardian \_\_\_\_\_

Father's Telephone \_\_\_\_\_  
*Work/Day Cell*

Emergency Contact (if parents can't be reached) \_\_\_\_\_

Emergency Contact Telephone \_\_\_\_\_  
*Work/Day Cell*

My daughter can be picked up from camp by either parent or her emergency contact:      Yes      No

If no, please list who is not authorized. Anyone picking up your child from camp should have a photo ID.

\_\_\_\_\_

**Health Insurance Information**

Name of Company \_\_\_\_\_

Address \_\_\_\_\_ Policy or Certificate # \_\_\_\_\_

Policy Holder Name \_\_\_\_\_ Member/ID # \_\_\_\_\_

Insurance Company Phone Number \_\_\_\_\_

# HEALTH HISTORY (check all the apply)

**My daughter will be taking daily medication while at camp:**      **Yes**                      **No**

**\*\*“Medication”** is any substance a person takes to maintain and/or improve their health. This includes vitamins, natural remedies and topical cream. Please ensure ALL medication is in original packaging/containers with labels which show your daughter’s name and how medication should be given. Provide enough of each medication to last the entire time the camper will be at camp.\*\* If you need more space forms will be available at camp check in.

**My daughter will take the following daily medications while at camp:**

Name of Medication:	Date Started	Reason for taking it	When is it Given	Amount or Dose given	How it is Given
			Breakfast Lunch Dinner Bedtime Other: _____		
			Breakfast Lunch Dinner Bedtime Other: _____		
			Breakfast Lunch Dinner Bedtime Other: _____		
			Breakfast Lunch Dinner Bedtime Other: _____		

**Suggestions from Parents**

*The following non-prescription medications may be stocked in the camp Health Center and are used on an as needed basis to manage illness and injury. My daughter has permission to take or use the following:*

\_\_\_ Tylenol/Acetaminophen    \_\_\_ Advil/Ibuprofen    \_\_\_ Sudafed/Decongestant  
 \_\_\_ Benadryl/Antihistamine    \_\_\_ Pepto Bismol    \_\_\_ Tums/Antacid  
 \_\_\_ Robitussin/Expectorant    \_\_\_ Dramamine    \_\_\_ Swimmer’s Ear/Alcohol-vinegar solution

**My daughter has menstruated?**  
 Yes      No  
**If not, has she been told what to expect?**  
 Yes      No

**Please circle “Yes” or “No” for each statement. Explain “Yes” answers below.**

Has/does your daughter:	
1. Ever been hospitalized?                      Yes      No	11. Has a hearing impairment/wears hearing aids?    Yes      No
2. Ever had surgery?                              Yes      No	12. Has fainting or dizziness?                              Yes      No
3. Had a recent infectious disease?            Yes      No	13. Passed out/had chest pain during exercise?    Yes      No
4. Has a recent injury?                            Yes      No	14. Has mononucleosis (“mono”) during the past 12 months? Yes      No
5. Had asthma/wheezing/shortness of breath?    Yes      No	15. Have problems with periods/menstruation?        Yes      No
6. Get Nosebleeds?                                Yes      No	16. Have problems with falling asleep/sleepwalking?    Yes      No
7. Have diabetes?                                 Yes      No	17. Ever had back/joint problems?                            Yes      No
8. Had seizures?                                  Yes      No	18. Have a history of bedwetting?                            Yes      No
9. Had headaches?                                Yes      No	19. Have problems with diarrhea/constipation?        Yes      No
10. Wear glasses, contacts, or protective eyewear?    Yes      No	20. Have any skin problems?                                Yes      No

**Date of immunizations:**

Chicken Pox \_\_\_\_\_      German Measles \_\_\_\_\_      Measles \_\_\_\_\_      Mumps \_\_\_\_\_

**Please explain “yes” answers in the space below, noting the number of the question.**

**Allergies**

Animals \_\_\_\_\_ Food \_\_\_\_\_  
 Hay Fever \_\_\_\_\_ Insect Stings \_\_\_\_\_  
 Medicine/Drugs \_\_\_\_\_ Plants \_\_\_\_\_  
 Pollen \_\_\_\_\_  
 Other Specify \_\_\_\_\_

**Chronic or Recurring Illness**

\_\_\_ Ear Infections                                      \_\_\_ Heart Defect/ Disease  
 \_\_\_ Seizures    \_\_\_ Bleeding Disorders  
 \_\_\_ Asthma    \_\_\_ Hypertension  
 \_\_\_ Diabetes    \_\_\_ Musculoskeletal Disorders  
 \_\_\_ Other \_\_\_\_\_

**Mental, Emotional, and Social Health: Circle "Yes" or "No" for each statement.**

**Has the camper:**

- |  |     |    |
|--|-----|----|
| 1. Ever been treated for attention deficit disorder (ADD) or attention deficit/hyperactivity disorder (AD/HD)? | Yes | No |
| 2. Ever been treated for emotional or behavioral difficulties or an eating disorder?                           | Yes | No |
| 3. During the past 12 months, seen a professional to address mental/emotional health concerns?                 | Yes | No |
| 4. Had a significant life event that continues to affect the camper's life?                                    | Yes | No |

(History of abuse, death of a loved one, family change, adoption, foster care, new sibling, survived a disaster, others)

Please explain "Yes" answers in the space below, noting the number of the questions. The camp may contact you for additional information.

**Comment below where applicable:**

Specific activities to be encouraged \_\_\_\_\_

Restricted activities \_\_\_\_\_

Special medical or dietary regimen to be followed (specify – included vegetarian diets, etc.) \_\_\_\_\_

**Health-Care Providers**

Name of Licensed Physician \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Name of Dentist \_\_\_\_\_ Phone \_\_\_\_\_

**PARENT/GUARDIAN PERMISSION & AGREEMENT - Parents Must Sign This Agreement**

The \*\*health information stated in Summer Camp Health History Form is correct for my camper and accurately reflects the health status of the camper to whom it pertains. Girl Scouts Carolinas Peaks to Piedmont (GSCP2P) has my permission to transport my camper for programs that are off site, and to provide routine health care; to administer medications; to order X-rays, routine tests, and treatment; to release any records necessary for insurance purposes; and to provide or arrange necessary emergency services for me/or my child if there is a medical illness or injury.

I hereby give permission to the physician selected by GSCP2P to secure proper treatment for, and order injection, anesthesia, or surgery, including hospitalization, for my child *should immediate treatment be required*. I understand this completed form may be photocopied for trips out of camp. My child has permission to attend GSCP2P sponsored day camp or resident camp and participate in all phases of camp except as noted herein on the Summer Camp Health History Form. I have read the camp brochure and parent packet and agree to cooperate with all policies. I understand that some campers will have the opportunity to participate in activities such swimming, canoeing, archery, challenge courses, \*horseback riding, overnights and trips off the camp premises. This is not a guarantee that my child will participate in all of the activities. Although care is given to greatly reduce risk through safety procedures, education and equipment, I understand adventure programs are not without an element of danger. These risks include damage to property and temporary or long-term injury to the person. I understand the risks involved with this type of program, and I feel the benefits outweigh the potential hazards of the program.

\*Under North Carolina Law, "an equine activity sponsor or equine professional is not liable for an injury to or the death of a participant resulting exclusively from the inherent risk of equine activities." – Chapter 99E of the North Carolina General Statutes

\*\*Health history information will be handled by GSCP2P staff/volunteers that have a legitimate need to know as mandated by Federal Law. A complete copy of the council's Privacy Policy can be found at [www.girlscoutsp2p.org/privacy-policy](http://www.girlscoutsp2p.org/privacy-policy)

Signature of Parent/Guardian: \_\_\_\_\_

Date: \_\_\_\_\_

**RECORD OF IMMUNIZATIONS**

My daughter is up to date on all immunizations required for school. Yes No

Date of my daughters last Tetanus Shot (Month/Year): \_\_\_\_\_

**IMMUNIZATIONS WAIVER**

Please only complete this section if for religious, philosophical or medial grounds, your camper has not received their immunizations, including a Tetanus vaccine.

I release Girl Scouts Carolinas Peaks to Piedmont Council, the summer camps it operates: Camp Ginger Cascades, Camp Pisgah, and Keyauwee Program Center, and any medical personnel chosen by them, from liability due to exposure to any communicable disease (including any consequences from withholding of tetanus immunization should my child sustain a cut or puncture while at camp).

Signature of Parent/Guardian: \_\_\_\_\_

Date: \_\_\_\_\_

**Please keep a copy of this form for your personal record.** Once your form is complete, you will bring it with you to your camp session. If you need assistance, please call the Outdoor Experience Coordinator at 800-672-2148, x3408